**CROCKPOT CHICKEN POT PIE**

SERVINGS: 8 \\ Calories 346 | Total Fat 4g, Monounsaturated Fat 1g, Polyunsaturated Fat 1g, Total Carbohydrate 20g, Dietary Fiber 3g, Sugars 4g, Protein 19g

PREP TIME: 5 MINS// COOK TIME: 6 HRS // TOTAL TIME: 6 HRS 5 MINS



INGREDIENTS

* 3 boneless SKINLESS chicken breasts—(4oz per breast) can also use chicken thighs
* 1 can low sodium Cream of Chicken Soup (10.5 oz)
* 1 can cream of mushroom soup
* 1 cup water
* 1/2 onion chopped
* 16 oz bag of Frozen mixed vegetables
* 2 carrots chopped
* 1 cup chopped celery
* 1 tsp Garlic powder
* 1/2 tsp Poultry Seasoning
* 1 tsp Salt
* 1/2 tsp Pepper
* 16 oz Biscuits (8 count) \*\* look for < 25 carb roll \*\*

INSTRUCTIONS

1. Place everything in the crock pot except the biscuits.
2. Cook on low for 6-8 hours or on high for 3-4 hours.
3. Remove chicken and shred. Add back into the crock pot and stir to combine.
4. Bake your biscuits according to the package directions.
5. Serve warm and top each bowl with a biscuit with serving. Enjoy!